



There are times when everyone needs a little beauty, body and wellness...relax, breathe and enjoy time out. All our treatments are designed around the energy of the practitioner's hands combined with products customised just for you.

### Gift Vouchers & customised packages available.

#### Conditions

To ensure complete relaxation, we recommend arriving at least 15 min prior to your appointment time. We regret that late arrivals with not receive and extension of scheduled service times and will be responsible for full service fees. We understand that emergencies arise, however we request the courtesy of 24 hours notice for all service and 48 hours notice for all packages scheduled. A charge of 25% applies if this is not met. All prices are effective from Aug 2012 are GST inclusive and subject to change without notice.

## a little skin care

### a little facial

All our facials are customised for your individual needs. We treat the face, shoulder and décolletage and include a full skin analysis and home care education. Relaxation is at the core of our facials enabling you to unwind and rest.

**45 min \$ 75**

Includes a soothing footbath, neck, shoulder, & facial massage

**60 min \$ 95**

Includes a soothing footbath, neck, shoulder, facial, scalp massage, hand or foot massage

**75 min \$125**

Included a soothing footbath, eyebrow tidy, neck, shoulder, facial scalp, hand & foot massage

### an added skin treat

**15 min \$20**

Vitamin skin infusions or ampoules, renewal peels, eye lash tint, collagen treatments, speciality facial masque

### an little back cleanse

**30 min Back Treatment \$60**

### a little hands & feet

Our hands and feet serve us daily and need to be pampered and looked after.

**30 min mini manicure \$50**

**45 min deluxe manicure \$65**

**45 min express pedicure \$65**

**60 min deluxe pedicure \$85**

**75 min ultimate feet treat \$110**

**15 min clip, file & polish \$30**

### a little tinting

**Lash \$25**

**Brow \$15**

**Lash & brow tint \$32**

**Lash & eyebrow tidy \$38**

**Lash, brow and eyebrow tidy \$48**

## a little body polish

**40 min body polish & rehydrate \$70**

For skin that has lost its spark, a full body exfoliation can assist in revealing healthy, glowing, new skin, rich in moisture and shine. This luxurious treated removes impurities, increases circulation and improves all over skin texture and appearance. You will have a renewed appreciation for your skin.

### a little body wrap

**40 min body wrap \$85**

Clay brings the truly unique detoxifying benefits from the earth. Begin with a dry body brush, then a warm body clay mask is applied, including an express facial and scalp massage. Choose from the following styles of treatment:

- stimulate
- detox
- soothe

### combo polish & wrap

**90 min body polish and wrap \$135**

Includes an express facial and scalp massage

### a little beauty/body package

**1 hr 10 min expresso to go \$125**

Relaxing aromatic foot bath, 30 min back massage, express facial, hand treatment, nail shape and buff

**2 hour refresh & renew \$175**

Deluxe pedicure, skin renewal facial treatment, neck, shoulder and facial massage, eyebrow wax and tidy

**3 hr 10 min body & soul \$275**

Warm salt foot bath, 1 hr hot oil body infusion, radiant skin facial, deluxe manicure

### a little package

Let us know what you would like in a package & we can customise a treatment for you

## a little massage

Let the stress of the day be eased away to leave you feeling relaxed, revitalised and tension free. All massages include a consultation, ensuring that an appropriate treatment plan is offered helping you to achieve a relaxed, healthy and supple body. Choose from the following styles:

### swedish & relaxation

Finish with hot steamed towels.

**30 min \$55**

**60 min \$80**

### customised aromatherapy & speciality lymphatic massage

**75 min \$115**

### back, neck & shoulder massage

Including back polish

**45 min \$69**

### hot stone massage

**90 min \$130**

## we also do

### a little waxing

**Full Leg Wax \$55**

**Full Leg & Bikini \$68**

**Full Leg & G-string \$78**

**Full Leg & Brazilian \$98**

**3/4 Leg Wax \$40**

**1/2 Leg Wax \$32**

**1/2 Leg Wax & Bikini \$50**

**1/2 Leg Wax & G-string \$65**

**1/2 Leg Wax & Brazilian \$85**

**Bikini line \$25**

**G-string \$35**

**Brazilian \$60**

**Tummy \$10**

**Arm Wax \$40**

**1/2 Arm Wax \$35**

**Underarm Wax \$20**

**Eyebrow Wax \$20**

**Lip Wax \$12**

**Chin Wax \$12**

**Eyebrow, lip & chin \$36**

**Thigh Wax \$32**

**Thigh Wax & Bikini \$50**

**Thigh Wax & G-string \$65**

**Thigh Wax & Brazilian \$85**

Repeat monthly waxing packages available

## a little holistic

**60 min Naturopathic Consultation \$75\***

**30 min Follow up Consultation \$55\***

**45 min Flower Essence Consultation \$65\***

\* Vitamin and herbal supplementation and flower essence at extra cost

## special events

### a little make up

**45 min from \$70**

A beautiful you for your special event. We make up your face to bring out your natural beauty, ensuring you're ready to face the world with your own style.

### a little wedding

**5 hr 30 min. \$390**

It's so important to look your best for that special day. This package begins with a dry body brush and body polish followed by a soothing body clay wrap, a radiant express facial to soothe and add a glow to the skin. An eyelash tint is a must to enhance the lashes. We will offer you a delicious high tea for one and finish your special day with manicure and pedicure.

Please let us know if your are intending on claiming for health funds. That way we can appoint with the appropriate therapist.

©2012 Elements at Montville

All prices are effective from Aug 2012 are GST inclusive and subject to change without notice.